

VISITOR GUIDELINES

For adult inpatients with COVID-19 and adult persons under investigation for COVID-19 who remain under isolation

The person you want to visit has COVID-19 or is being tested for COVID-19 because of their symptoms. Visiting this person puts you at risk of getting the virus. It can cause:

- Fever
- Chills
- Headache
- Body aches
- Shortness of breath

Wearing the personal protective equipment (PPE) we have given you can lower your risk. Your risk is greater the closer you are to the person and the more time you spend with them.

We have tried to take as many precautions as possible so you are able to see this patient.

You must also:

- Wear the PPE you are given
- Wash your hands
- Not touch your face

By visiting this person you acknowledge that you assume the above risks.

Guidelines:

- A visitor under isolation or quarantine cannot visit until their restrictions are lifted by the Iowa Department of Public Health.
- Only 1 approved visitor may visit during the admission. This person must be listed in Epic as the “approved visitor”.
- The approved visitor may visit each day during visitation hours from 1 to 5 p.m.
- Each visit can be 1 hour long. Talk with unit staff about the best time to visit based on what the patient needs.
- Visitors may also stay in touch with the patient by phone, video, or updates from a unit navigator. Let us know how we can help.
- The visitor must wear a face mask, gown, and gloves at all times when with the patient. Nursing staff will help the visitor put on and take off the face mask, gown and gloves.
- The visitor must wear a face mask at all times when inside the building.
- The visitor must leave the building right away after leaving the unit. An escort or person from the unit team will go with the visitor to the exit.