Huddle guide for managers

Here are some tools and resources that managers may include in their morning huddles.

Wellness
- Mental health hotline for employees: 319-678-4148 (internally 84148)
- COPE team: email UIHC-COPE@healthcare.uiowa.edu or page 7080
- Employee Assistance Program: email eaphelp@uiowa.edu or call 319-335-2085
- UI wellness forums
- Well me in 3

Recognition
- Do you know a UI Health Care employee who has gone above and beyond during the COVID-19 pandemic? Nominate a Health Care Hero.

COVID-19 updates
- Encourage staff to check the COVID-19 information hub for the latest updates and guidelines.
  - By the Numbers
  - Clinical Information
  - Safety and PPE
  - HR and Employee Health
  - Patient and Visitors Resources
  - Facilities and Services

Hope Huddles
Hope huddles give staff the opportunity to share metrics of success and share stories of patients recovering. They may be added to your team’s regular huddles and tailored to fit your unit, culture, and needs. They may also be combined with other resiliency strategies.

Hope Huddles may occur across units. For example, a recovery unit nurse may share a positive story of patient’s recovery, which an ICU nurse may not see or hear often. Here is a video of a hope huddle.

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