Celebration guide
Building staff resilience by celebrating successes

Things to Celebrate

- Patient with COVID-19 coming off a ventilator or other life support
- Patient with COVID-19 being transferred or discharged onto recovery

Five ways to celebrate

- Talk with patients to determine their privacy preference and if they’re comfortable with sharing their success with the team or family members.
- Choose a specific tone, bell, or song of celebration to play when these events occur.
- Form a safe-distance tunnel with sharing applause or words of encouragement when a patient rolls off the floor and onto recovery.
- Make signs to mark the achievement and post them where the patient can see.
- Send a progress report to the unit where the patient entered the hospital, such as the Emergency Department, so that they can celebrate too.

Takeaways

- KNOW: Patients with COVID-19 are getting better. We want staff to know their dedicated care and personal sacrifices are making a difference in patient lives.
- FEEL: We want staff to feel appreciated, valued, and feel good about the work they are doing.
- DO: Participate in patient celebrations.